vyōma
॥ वाचं धेनुमुपासीत ॥
Saṃskṛtam • Value Education • Technology

Gītā

Session 20

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Swami Paramarthananda

(http://www.vedantavidyarthisangha.org/)

सदाशिव-समारम्भां शङ्कराचार्य-मध्यमाम्
अस्मद्-आचार्य-पर्यन्ताम् वन्दे गुरु-परम्पराम्

sadāśiva-samārambhām śaṅkarācārya-madhyamām
asmad-ācārya-paryantām vandē guru paramparām

Beginning with Sadashiva, through Adi Shankaracharya in between and up to my own Guru,
I bow with reverence to the entire tradition of Guru lineage

Karma yoga

नेहाभिक्रमनाशोऽस्ति, प्रत्यवायो न विद्यते।
स्वल्पमप्यस्य धर्मस्य, त्रायते महतो भयात्॥४०॥

nehābhikramanāśo'sti, pratyavāyo na vidyate|
svalpamapyasya dharmasya, trāyate mahato bhayāt||40||

puruṣasūktam

ॐ तच्छं योरावृणीमहे । गातुं यज्ञाय । गातुं यज्ञपतये । दैवी स्वस्तिरस्तु नः ।
स्वस्तिर्मानुषेभ्यः । ऊर्ध्वं जिगातु भेषजम् । शन्नो अस्तु द्विपदे । शं चतुष्पदे ।
ॐ शान्तिः शान्तिः शान्तिः ।

हरिः ॐ ।

We seek that which gives us peace from sorrows, present and future. We seek growth for the rite of sacrifice and the yajamāna. The grace of the Gods be unto us. Well being to all mankind. May plants, like medicinal herbs flourish and grow upwards. Good come unto us from creatures that go on two feet and good from those that go on four feet. Peace. (3 kinds)

निष्काम कर्म niṣkāma karma versus सकाम कर्म sakāma karma

- सकाम-पूजा sakāma pūjā
- will have to be done observing all the rules strictly. You have no flexibility
- Even if we follow the rules, there may be deficiencies, hence will not give expected result
- Negative results are possible
- It promotes अहंकार (ahaṃkāra) and ममकार (mamakāra) leading to spiritual stagnation or spiritual fall

नेहाभिक्रमनाशोऽस्ति, प्रत्यवायो न विद्यते।
स्वल्पमप्यस्य धर्मस्य, त्रायते महतो भयात्॥४०॥

nehābhikramanāśo'sti, pratyavāyo na vidyate|
svalpamapyasya dharmasya, trāyate mahato bhayāt||40||

- In this field there is no failure; there is no adverse result. Even a little bit of discipline protects (one) from the great fear (of samsāra)

व्यवसायिकात्मिका बुद्धिः, एकेह कुरुनन्दन।
बहुशाखा ह्यनन्ताश्च, बुद्धयोऽव्यवसायिनाम्॥४१॥

vyavasāyikātmikā buddhiḥ, ekeha kurunandana|
bahuśākhā hyanantāśca, buddhayo’vyavasāyinām||41||

व्यवसायिकात्मिका बुद्धिः, एकेह कुरुनन्दन।
बहुशाखा ह्यनन्ताश्च, बुद्धयोऽव्यवसायिनाम्॥४१॥

vyavasāyikātmikā buddhiḥ, ekeha kurunandana|
bahuśākhā hyanantāśca, buddhayo'vyavasāyinām||41||

- *Oh Arjuna! (There is only) one clear understanding in this field. However, the notions of those without clarity are many branched and endless.*

Sādhana pañcakam

वेदो नित्यमधीयतां तदुदितं कर्म स्वनुष्ठीयताम् |
तेनेशस्य विधीयतां अपचितिः काम्ये मतिस्त्यज्यताम् ||
पापौघः परिधूयतां भवसुखे दोषो अनुसंधीयताम् |
आत्मेच्छा व्यवसीय्तां निजगृहात्तूर्णं विनिर्गम्यताम् || 1 ||

- यामिमां पुष्पितां वाचं, प्रवदन्त्यविपश्चितः।
- वेदवादरताः पार्थ, नान्यदस्तीति वादिनः॥४२॥
- yāmimāṃ puṣpitāṃ vācaṃ, pravadantyavipaścitaḥ।
  vedavādaratāḥ pārtha, nānyadastīti vādinaḥ||42||

- कामात्मानः स्वर्गपराः, जन्मकर्मफलप्रदाम्।
- क्रियाविशेषबहुलां, भोगैश्वर्यगतिं प्रति॥४३॥
- Kāmātmānaḥ svargaparāḥ, janmakarmaphalapradām| kriyāviśeṣabahulāṃ, bhogaiśvaryagatiṃ prati||43||

भोगैश्वर्यप्रसक्तानां, तयापहृतचेतसाम्।
व्यवसायात्मिका बुद्धिः, समाधौ न विधीयते॥४४॥

bhogaiśvaryaprasaktānāṃ, tayāpahṛtacetasām|
vyavasāyātmikā buddhiḥ, samādhau na vidhīyate||44||

- Oh Arjuna! The unintelligent ones who are enamoured of vedic statements (of the ritualistic portion,) who are votaries of heaven, who always argue that there is nothing else, and who are full of desires speak such flowery words which are full of specific rites for attaining pleasure and power and which leads to further births, the result of actions. Clear understanding does not take place in the mind of those who are attached to pleasure and power and whose minds are carried away by those (words.)

शिवापराध-क्षमापन-स्तोत्रम्

- http://www.vignanam.org/veda/shiva-aparadha-kshamapana-stotram-meaning.html
- https://sanskritdocuments.org/doc_shiva/shivaaparaadha.html?lang=sa
- Audio file
- https://www.pravachanam.com/21-shivaparadha-kshamapana-stotram-swami-brahmananda

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पुर्णमुदच्यते
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥
ॐ शान्तिः शान्तिः शान्तिः ॥

oṁ pūrṇamadaḥ pūrṇamidaṁ pūrṇātpurṇamudacyatē |
pūrṇasya pūrṇamādāya pūrṇamēvāvaśiṣyatē ॥
oṁ śāntiḥ śāntiḥ śāntiḥ ॥

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