Online shloka class for children

By Vyoma & GGSS
16 June 2018
6:30 to 7:30pm IST

Class no. 012/2018

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Agenda

Sl No.	Activity	Est time (mins)*	Role of Learner	Learning Outcome
1.	Omkaraha + Shlokas	15	Listening & Pronouncing	Memory
2.	Story	10	Comprehension	Focus & Concentration with Value education
3.	Games	15	Vocabulary	Brain activity
4.	Rhymes	05	Listening & Pronouncing	Pre-Language skills
5.	Bhajans	05	Listening & Pronouncing	Devotion, music, pre-language skills

* 5 mins - for any troubleshooting

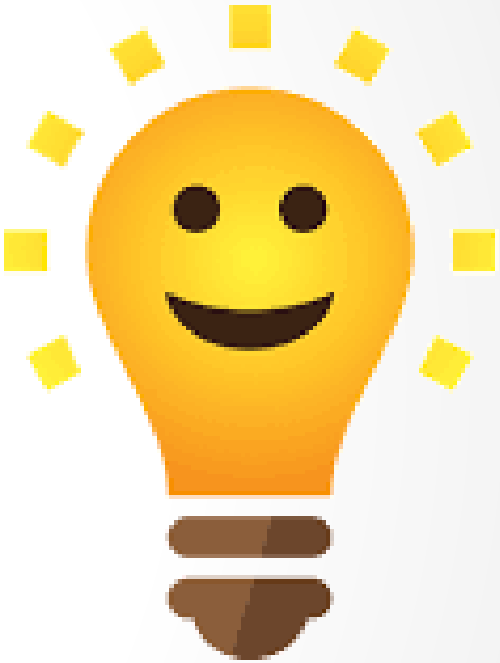
Ramayanam, Bhagavadgitha and other sections will be gradually introduced

Ground principles

Parents accompany

Fees:
Regularity &
Punctuality

Step by Step learning
Listen, recite, chant daily, experience the energy, meaning, comprehension



Enjoy learning
No pressure

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OMKARA:

- Deep Inhale and deep exhale 3 times
- Let us chant Omkara 3 times

Shlokas

पुनरावर्तनम्

राम राम राम

राधे श्याम

॥ प्रार्थना ॥

ॐकारं बिन्दुसंयुक्तं
नित्यं ध्यायन्ति योगिनः ।
कामदं मोक्षदं चैव
ॐकाराय नमो नमः ॥१॥

॥ prārthanā ॥

oṃkāraṃ bindusaṃyuktaṃ
nityaṃ dhyāyanti yoginaḥ ।
kāmadaṃ mokṣadaṃ caiva
oṃkārāya namo namaḥ ॥1॥

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Shlokas

पुनरावर्तनम्

गुरुर्ब्रह्मा गुरुर्विष्णुः
गुरुर्देवो महेश्वरः ।
गुरुस्साक्षात् परं ब्रह्म
तस्मै श्रीगुरवे नमः ॥२॥

gururbrahmā gururviṣṇuḥ
gururdevo maheśvaraḥ ।
gurussākṣāt paraṃ brahma
tasmai śrīgurave namaḥ ॥2॥

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Shlokas

पुनरावर्तनम्

गुरुरेव गतिः गुरुमेव भजे
गुरुणैव सहास्मि नमो गुरवे ।
न गुरोः परमं शिशुरस्मि गुरोः
मतिरस्ति गुरौ मम पाहि गुरो ॥३॥

gurureva gatiḥ gurumeva bhaje
guruṇaiva sahāsmi namo gurave ।
na guroḥ paramaṃ śiśurasmi guroḥ
matirasti gurau mama pāhi guro ॥3॥

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Shlokas

पुनरावर्तनम्

कार्तस्वरनिभदेहः
कीर्तनमात्रेण धूतसकलाघः ।
आर्तस्वरजनशरणं
मूर्तदयारूप गुरुवरेण्यो व्यात् ॥४॥

kārtasvaranibhadehaḥ
kīrtanamātreṇa dhūtasakalāghaḥ ।
ārtasvarajanaśaraṇaṃ
mūrtadayārūpa guruvareṇyo vyāt ॥4॥

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Shlokas

पुनरावर्तनम्

सदात्मध्याननिरतं
विषयेभ्यः पराङ्मुखम् ।
नौमि शास्त्रेषु निष्णातं
चन्द्रशेखरभारतीम् ॥५॥

sadātmadhyānaniratam
viṣayebhyaḥ parāṅmukham ।
naumi śāstreṣu niṣṇātam
candraśekharabhāratīm ॥5॥

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Shlokas

पुनरावर्तनम्

विवेकिनं महाप्रज्ञं
धैर्यौदार्यक्षमानिधिम् ।
सदाभिनवपूर्वं तं
विद्यातीर्थगुरुं भजे ॥६॥

vivekinaṃ mahāprajñaṃ
dhairyaudāryakṣamānidhim ।
sadābhinavapūrvaṃ taṃ
vidyātīrthaguruṃ bhaje ॥6॥

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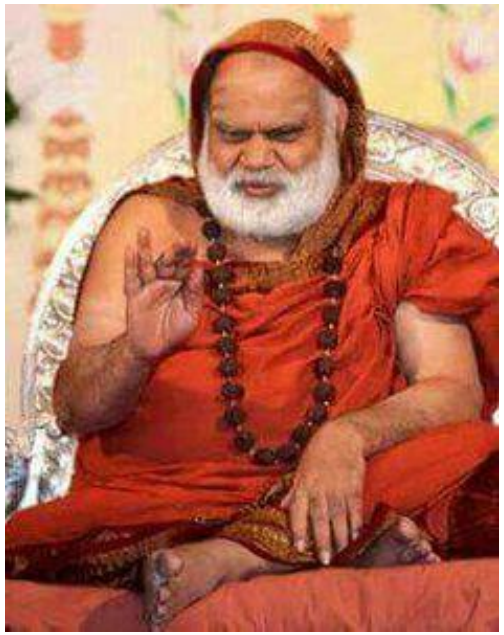
पुनरावर्तनम्

अज्ञानां जाह्नवीतीर्थं
विद्यातीर्थं विवेकिनाम् ।
सर्वेषां सुखदं तीर्थं
भारतीतीर्थमाश्रये ॥७॥



ajñānāṃ jāhnavītīrthaṃ
vidyātīrthaṃ vivekinām ।
sarveṣāṃ sukhadaṃ tīrthaṃ
bhāratītīrthamāśraye ॥7॥

Shlokas

पुनरावर्तनम्

विद्याविनयसम्पन्नं
वीतरागं विवेकिनम् ।
वन्दे वेदान्ततत्त्वज्ञं
विधुशेखरभारतीम् ॥८

vidyāvinayasampannaṁ
vītarāgaṁ vivekinam
vande vedāntatattvajñaṁ
vidhuśekharabhāratīm 8

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Lord Ganesha's sloka

शुक्लाम्बरधरं विष्णुं
शशिवर्णं चतुर्भुजम् ।
प्रसन्नवदनं ध्यायेत्
सर्वविघ्नोपशान्तये ॥९

śuklāmbaradharaṁ viṣṇuṁ
śaśivarṇaṁ caturbhujam .
prasannavadanaṁ dhyāyet
Sarvavighnopaśāntaye 9

Lord Ganesha's sloka

अगजाननपद्मार्कं
गजाननमहर्निशम् ।
अनेकदं तं भक्तानां
एकदन्तमुपास्महे ॥१०

agajānanapadmārkaṁ
gajānanamaharniśam
anekadaṁ taṁ bhaktānāṁ
ekadantamupāsmahe 10

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Lord Ganesha's sloka

वक्रतुण्ड महाकाय
कोटिसूर्यसमप्रभ ।
अविघ्नं कुरु मे देव
सर्वकार्येषु सर्वदा ॥११

vakratuṇḍa mahākāya
koṭisūryasamaprabha .
avighnaṃ kuru me deva
sarvakāryeṣu sarvadā 11

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Lord Ganesha's sloka

वागीशाद्याः सुमनसः
सर्वार्थानामुपक्रमे ।
यं नत्वा कृतकृत्याः स्युः
तं नमामि गजाननम् ॥१२

vāgīśādyāḥ sumanasaḥ
sarvārthānāmupakrame .
yaṃ natvā kṛtakṛtyāḥ syuḥ
taṃ namāmi gajānanam 12

Godess Saraswathi's sloka

पुनरावर्तनम्

सरस्वति नमस्तुभ्यं
वरदे कामरूपिणि ।
विद्यारम्भं करिष्यामि
सिद्धिर्भवतु मे सदा ॥१३

sarasvati namastubhyaṃ
varade kāmarūpiṇi
vidyārambhaṃ kariṣyāmi
siddhirbhavatu me sadā 13

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Godess Saraswathi's sloka

नमस्ते शारदे देवि
काश्मीरपुरवासिनि ।
त्वामहं प्रार्थये नित्यं
विद्यां बुद्धिं च देहि मे
॥१४

namaste śārade devi
kāśmīrapuravāsini
tvāmahaṃ prārthaye nityaṃ
vidyāṃ buddhiṃ ca dehi me 14

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Devi sloka

पुनरावर्तनम्

या देवी सर्वभूतेषु
बुद्धिरूपेण संस्थिता ।
नमस्तस्यै नमस्तस्यै
नमस्तस्यै नमो नमः ॥१६॥

yā devī sarvabhūteṣu
buddhirūpeṇa saṃsthitā ।
namastasyai namastasyai
namastasyai namo namaḥ ॥16॥

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Lord Krishna's sloka

कृष्णाय वासुदेवाय
देवकीनन्दनाय च ।
नन्दगोपकुमाराय
गोविन्दाय नमो नमः ॥१७॥

kṛṣṇāya vāsudevāya
devakīnandanāya ca ।
nandagopakumārāya
govindāya namo namaḥ
॥17॥

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Lord Krishna's sloka

नमः पङ्कजनाभाय
नमः पङ्कजमालिने ।
नमः पङ्कजनेत्राय
नमस्ते पङ्कजाङ्घ्रये ॥१८॥

namaḥ paṅkajanābhāya
namaḥ paṅkajamāline ।
namaḥ paṅkajanetrāya
namaste paṅkajāṅghraye ॥18॥

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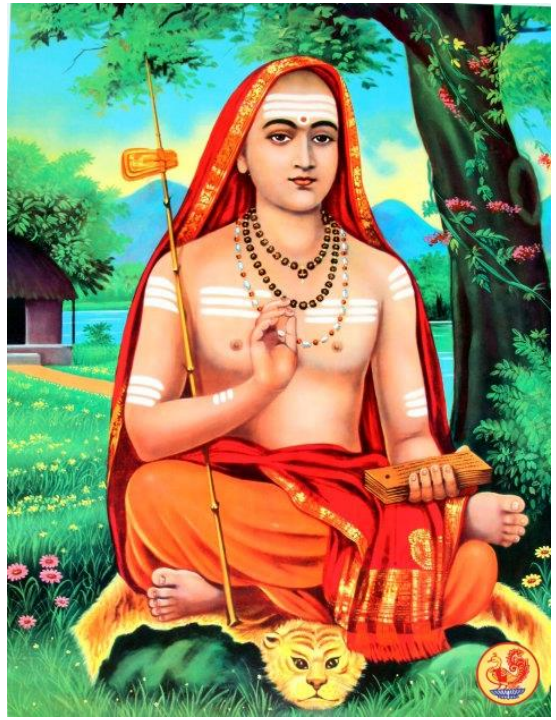
shankaracharya

हरलीलावताराय
शङ्कराय महौजसे ।
कैवल्यकलनाकल्प-
तरवे गुरवे नमः ॥१९॥



haralīlāvatārāya
śaṅkarāya mahaujase ।
kaivalyakalanākalpa-
tarave gurave namaḥ ॥19॥

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Lord Rama's shloka

रामाय रामभद्राय
रामचन्द्राय वेधसे ।
रघुनाथाय नाथाय
सीतायाः पतये नमः ॥२०॥

rāmāya rāmabhadrāya
rāmacandrāya vedhase ।
raghunāthāya nāthāya
sītāyāḥ pataye namaḥ ॥20॥

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Hayagriva

पुनरावर्तनम्

हयग्रीव हयग्रीव
हयग्रीवेति यो वदेत् ।
तस्य निस्सरते वाणी
जह्नुकन्याप्रवाहवत् ॥२१॥

hayagrīva hayagrīva
hayagrīveti yo vadet ।
tasya nissarate vāṇī
jahnukanyāpravāhavat ॥21॥

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Lord Hanuman

पुनरावर्तनम्

असाध्यसाधक स्वामिन्
असाध्यं तव किं वद ।
रामदूत दयासिन्धो
मत्कार्यं साधय प्रभो ॥२२॥

asādhyasādhaka svāmin
asādhyaṃ tava kiṃ vada ।
rāmadūta dayāsindho
matkāryaṃ sādhaya prabho ॥22॥

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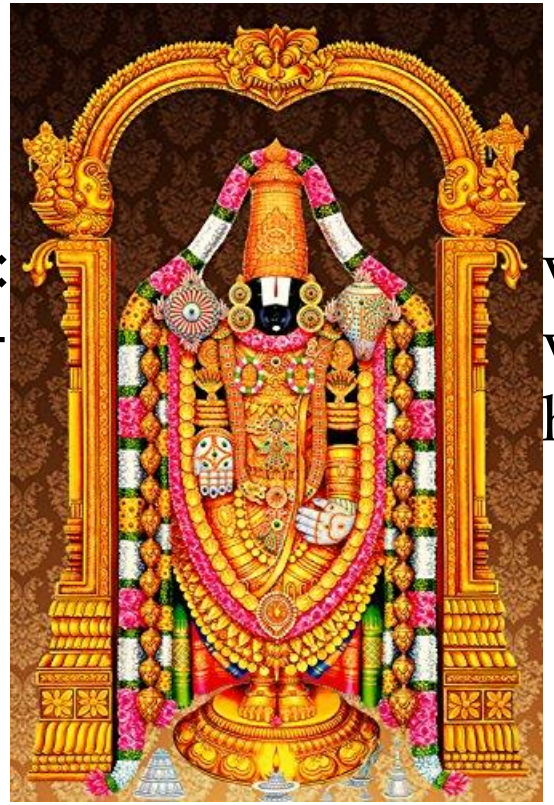
Lord Venkateshwara

पुनरावर्तनम्

विना वेङ्कटेशं न नाथो न नाथः
सदा वेङ्कटेशं स्मरामि स्मरामि
हरे वेङ्कटेश प्रसीद प्रसीद
प्रियं वेङ्कटेश प्रयच्छ प्रयच्छ
॥२३॥



vinā veṅkaṭeśaṃ na nātho na nāthaḥ sadā
veṅkaṭeśaṃ smarāmi smarāmi ।
hare veṅkaṭeśa prasīda prasīda
priyaṃ veṅkaṭeśa prayaccha prayaccha
॥23॥

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॥ गुर्वष्टकम् ॥

पुनरावर्तनम्

शरीरं सुरूपं तथा वा कलत्रं
यशश्चारु चित्रं धनं मेरुतुल्यम् ।
मनश्चेन्न लग्नं गुरोरङ्घ्रिपद्मे
ततः किं ततः किं ततः किं ततः किम्

śarīraṃ surūpaṃ tathā vā kalatraṃ
yaśaścāru citraṃ dhanaṃ merutulyam ।
manaścenna lagnaṃ guroraṅghripadme
tataḥ kiṃ tataḥ kiṃ tataḥ kiṃ tataḥ kim
॥1॥

॥ गुर्वष्टकम् ॥

पुनरावर्तनम्

कलत्रं धनं पुत्रपौत्रादिसर्वं
गृहं बान्धवाः सर्वमेतद्धि जातम् ।
मनश्चेन्न लग्नं गुरोरङ्घ्रिपद्मे
ततः किं ततः किं ततः किं ततः किम् ॥२॥

kalatraṃ dhanaṃ putrapautrādisarvaṃ
gṛhaṃ bāndhavāḥ sarvametaddhi jātam ।
manaścenna lagnaṃ guroraṅghripadme
tataḥ kiṃ tataḥ kiṃ tataḥ kiṃ tataḥ kim ॥2॥

॥ गुर्वष्टकम् ॥

षडङ्गादिवेदो मुखे शास्त्रविद्या
कवित्वादिगद्यं सुपद्यं करोति ।
मनश्चेन्न लग्नं गुरोरङ्घ्रिपद्मे
ततः किं ततः किं ततः किं ततः किम् ॥३॥

ṣaḍaṅgādivedo mukhe śāstravidyā
kavitvādigadyaṃ supadyaṃ karoti ।
manaścenna lagnaṃ guroraṅghripadme
tataḥ kiṃ tataḥ kiṃ tataḥ kiṃ tataḥ kim ॥3॥

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Story : Krishna Leela

Guess ???

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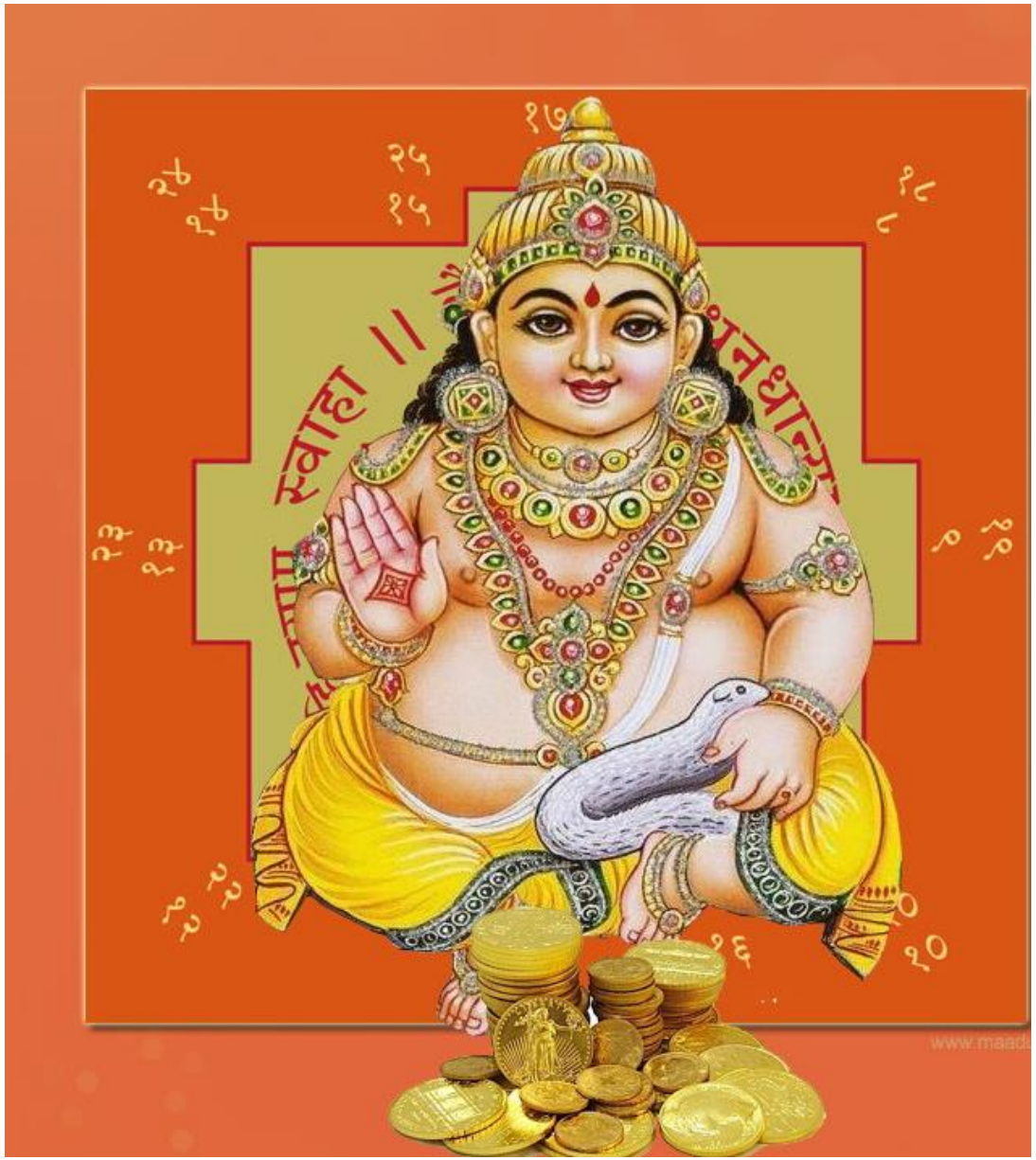

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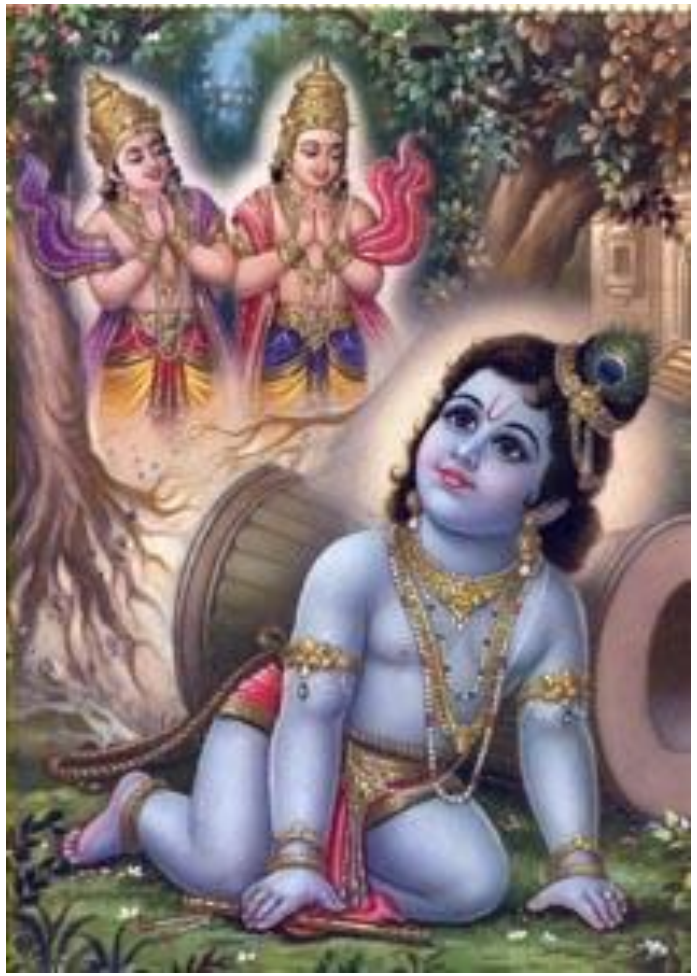
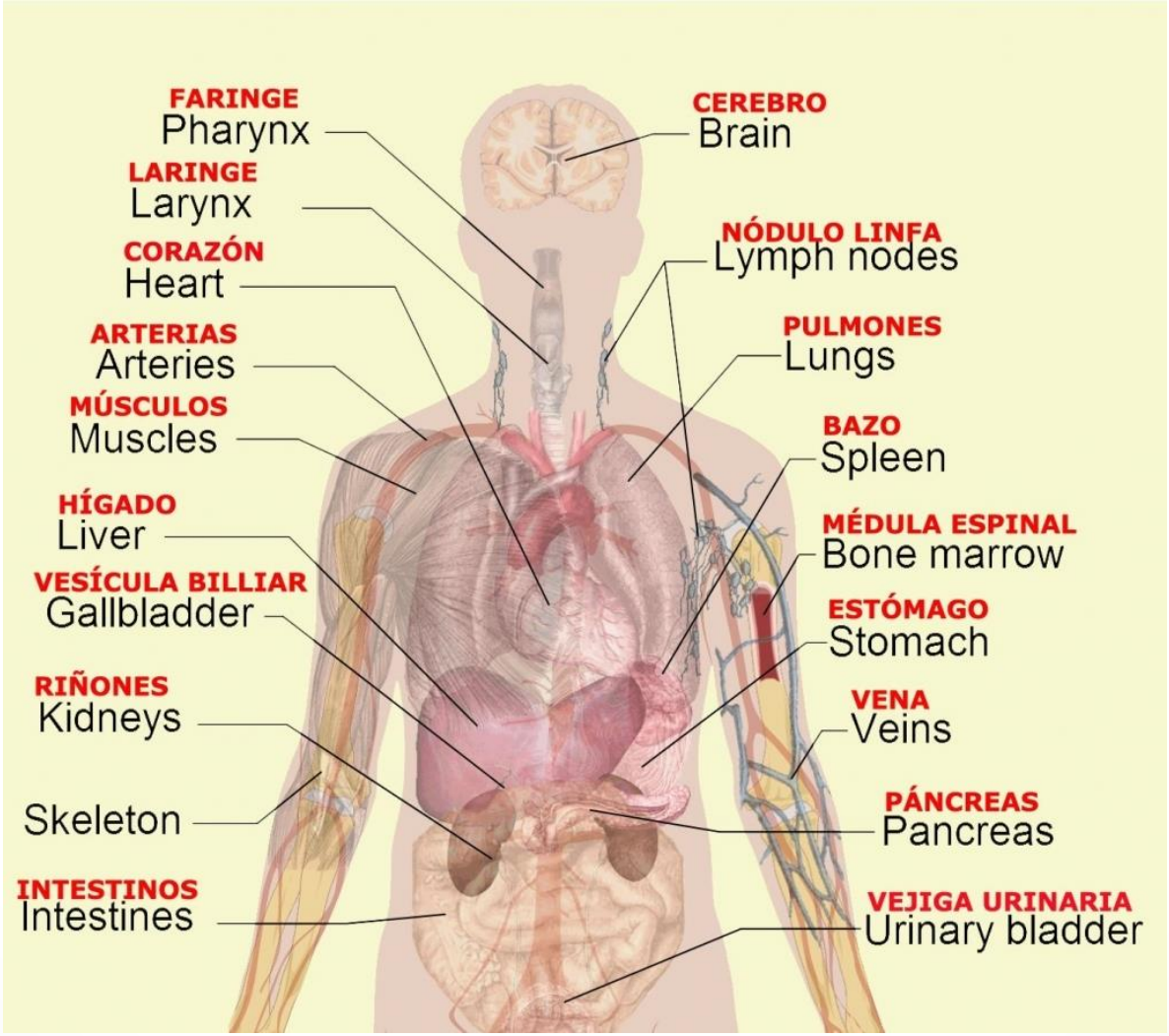


Moral of the story

- Never be disrespectful to elders.
- If there is a problem you should be thankful if some one solves it.
- We should not be proud and we should respect elders.
- God is the only oen who can protect us.
- Even if you are really wealthy you should not be proud of yourself.

Games

Parts of the body



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Sanskrit Rhymes

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Sanskrit Rhymes

NEW! नूतनम्

गुरुं वन्दे मातृरूपम्
गुरुं वन्दे पितृरूपम् ।
गुरुं वन्दे करुणामयम्
गुरुं वन्दे विज्ञानमयम् ॥
गुरुं वन्दे सिद्धिप्रदम्
गुरुं वन्दे बुद्धिप्रदम् ।
गुरुं वन्दे विमलमतिम्
गुरुं वन्दे अमलकृतिम् ॥

gurum̐ vande mātṛrūpam
gurum̐ vande pitṛrūpam ।
gurum̐ vande karuṇāmayam
gurum̐ vande vijñānamayam ॥
gurum̐ vande siddhipradam
gurum̐ vande buddhipradam ।
gurum̐ vande vimalamatim
gurum̐ vande amalakṛtim ॥

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Sanskrit Rhymes

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Sanskrit Rhymes

To enjoy more rhymes

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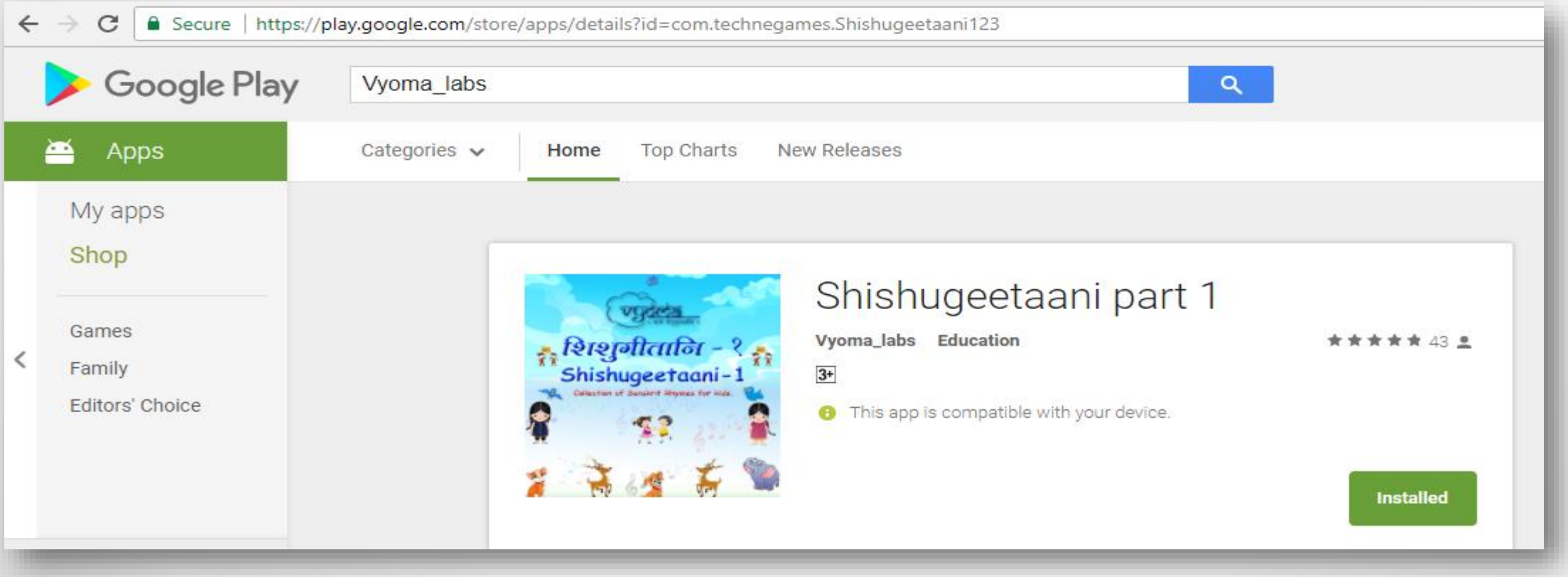

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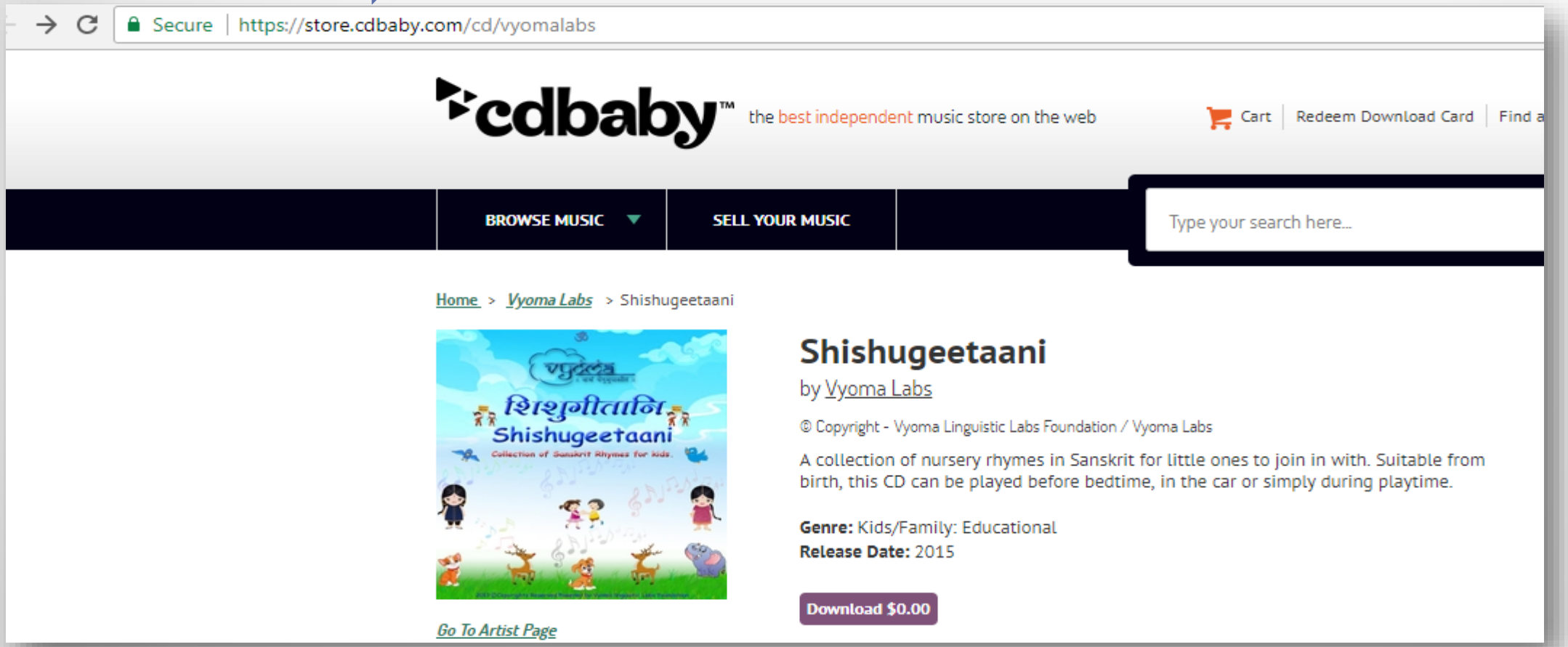
Sanskrit Rhymes

To enjoy more rhymes

Through portable audio



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Sanskrit Bhajans

पुनरावर्तनम्

सद्गुरो पाहि माम्	**sadguro pāhi mām**
परमदयालो रक्ष माम् ।	**paramadayālo rakṣa mām**
सद्गुरो पाहि माम्	**sadguro pāhi mām**
परमदयालो रक्ष माम् ॥	**paramadayālo rakṣa mām**

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Sanskrit Bhajans

पुनरावर्तनम्

धिं धिं धिमि धिमि नटन शिव ।
ताण्डवकेलि विलासशिव ।
लीलामानुषवेष शिव ।
लिङ्गोद्भव शिव साम्बशिव ।
साम्बशिव साम्बशिव ।
सभापते श्री साम्बशिव ।

dhiM dhiM dhimi dhimi naTana Siva ।
tANDavakeli vilAsaSiva ।
lIlAmAnuShaveSha Siva ।
li~ggodBava Siva sAmbaSiva ।
sAmbaSiva sAmbaSiva ।
saBApate SrI sAmbaSiva ।

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Sanskrit Bhajans

पुनरावर्तनम्

कौसल्यात्मज रामचरण् ।
वैदेहीप्रिय रामचरण् ।
मारुति सेवित रामचरण् ।
अहल्योद्धारक रामचरण्।
शान्तिनिकेतन रामचरण् ।
प्रशान्तिनिकेतन रामचरण् ।
रामचरण् सदा भजो ।
रामचरण् सदा भजो ।

kausalyAtmaja rAmacaraN|
vaidehIpriya rAmacaraN|
ahalyoddhArakarAmacaraN|
SAntiniketana rAmacaraN|
praSAntiniketana rAmacaraN|
rAmacaraN sadABajo|
rAmacaraN sadA Bajo|

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Sanskrit Bhajans

रामचन्द्र रघुवीर । रामचन्द्र रणधीर ।
रामचन्द्र रघुराम । रामचन्द्र परन्धाम ।
रामचन्द्र मम बन्धो । रामचन्द्र दयासिन्धो ।
रामचन्द्र रघुनाथ । रामचन्द्र जगन्नाथ ।

rAmacandra raGuvIra rAmacandra raNadhIra
rAmacandra raGurAma rAmacandra parandhAma
rAmacandra mama bandho rAmacandra dayAsindho
rAmacandra raGunAtha rAmacandra jagannAtha

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